

FLORIDA YOGA TEACHERS ASSOCIATION, INC.
Application for Membership

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By-Laws Qualifications & Privileges:
(Please read to see if you qualify for membership)

Qualifications:

1. Presently teaching or have taught yoga in the past;
2. Must be sponsored by an active member;
3. Pays annual dues.
4. Accepts our Statement of Ethics (see below).

Membership Privileges:

1. May be included on our website teachers search.
2. Has first priority to attend weekend workshops with nationally known teachers.
3. May post on our blog page.
4. May sponsor prospective members.
5. May post events and workshops on our website.
6. May attend member only events.
7. Entitled to a \$20 discount off of professional yoga teachers insurance through BeYogi.

**Florida Yoga Teachers Association
Statement of Ethics**

We as members of the Florida Yoga Teachers Association, Inc. recognize that we represent centuries of sacred teachings, aligning us to a long tradition of honorable teachers. As instructors in the ancient science of Yoga, we are committed to being living examples of the Yogic lifestyle, while maintaining the highest standards of professional competence and integrity.

To this end we will:

- Help preserve the traditional legacy of Yoga and improve the quality of Yoga teaching and practice in the State of Florida.
- Dedicate ourselves to the ongoing study and practice of Yoga, including the theory, philosophy and practical aspects of the style of Yoga that we choose to teach.
- Follow the traditional behavior standards of our chosen style, an example being the Yamas and Niyamas of Pantanjali:
 - » Yamas (behavior disciplines): Non-harming (Ahimsa); Truthfulness (Satya); Non-stealing (Asteya); Moderation of the Senses (Brahmacarya); and Non-covetousness (Aparigraha).
 - » Niyamas (internal control): Purity/Cleanliness (Saucha); Contentment (Santosh); Burning desire to study, practice, self-discipline (Tapas); Self-study, mindfulness, studying yoga and the scriptures (Svadhyaya); Devotion, willingness to serve (Ishvara Pranidhana).
- Commit ourselves to avoiding substance abuse.
- Embrace truthfulness in dealing with students and others, including honestly representing our training and experience. It is acceptable to research and return an answer to a student's question if not immediately known.
- Honor and pay homage to our past teachers, who are the source of our knowledge and skill.
- Avoid giving medical advice unless you are qualified and licensed to do so.
- Treat your students with respect, as well as being open to the acceptance of all students regardless of race, nationality, gender, sexual orientation, social status or physical disability (if qualified).
- Create and sustain both a sacred and safe environment for our students, while abiding by the policies, practices and regulations of the owners and management of the teaching facilities we use.
- Not force our opinions or spiritual beliefs on our students. They should be encouraged to find inner freedom through self-study.
- Speak positively about other Yoga teachers, schools and traditions in order to create harmony and acceptance of each style and belief.

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Please complete the following information and return this form with a \$35.00 check made payable to FYTA (Please print legibly).

Name: _____

Business Name _____

Phone: Home _____ Cell _____

Address: _____

City: _____ State: _____ Zip: _____

E-mail address: _____

Studio or personal website address: _____

YOGA EXPERIENCE INFORMATION:

() Currently teaching () Former teacher () Substitute

Use the following section to describe in detail your yoga experience with regard to teachers training courses you have completed, your yoga discipline (i.e. Integral, Iyengar, Kripalu, etc.), and the number of years you have taught, professional teachers with whom you have worked, and any other pertinent information regarding your yoga practice and experience (you may continue on back of form).

Please help us by indicating which general Yoga Style(s) to classify your practice with on our website:

- Anusara Ashtanga Ayurveda Beach Yoga Chair Yoga Hatha/Traditional Hot Yoga Integral
 Iyengar Kids Kripalu Meditation Prenatal Restorative TriYoga Vinyasa Yin Yoga Therapy

Signature: _____ Date: _____

Recommendation by FYTA member:

FYTA Sponsor Signature: _____ Date: _____

Please mail:

1. This completed application
2. Your annual dues check for \$35.00, payable to FYTA to:

Susan Wasserman, Director
7015 Grevilla Avenue South
South Pasadena, FL 33707
yogaflowoils@gmail.com

Membership acceptance is pending review and approval of application.